

Were you involved in high school? Maybe on the Basketball Team, Yearbook Committee, or Chess Club?

ECU has over 300 clubs/organizations on campus ranging from Religious Groups, Club Sports, Video Gaming Clubs, and so much more! Check out ECU's OrgSync page to see the full list.

Getting involved not only can help you to make friends, but it is also a great résumé booster as well as a way to have fun!!

ECU CARES: 252-737-5555  
Center for Counseling and Student  
Development: 252-328-6661  
Student Health Service: 252-328-6841

# MAKING FRIENDS & GETTING INVOLVED



# FREEDOM, INDEPENDENCE, RESPONSIBILITY

- Now that you're away from home, you may be feeling a new sense of freedom and gain of independence, which comes with responsibility.
- When making decisions about alcohol, drugs, sex, or other activities of this nature it is important to be safe and make informed decisions.
- Always be sure to have consent prior to any sexual relations and know that you can withdraw your consent at any time, this is your body and your right. Recognize that someone cannot consent to sexual relations with you when he or she is incapacitated.
- Use safety measures like ECU Safe Ride (252-ecu-ride) or the pirate express. Travel in groups and be sure if you show up together, you leave together! Stay close to the blue light system, carry pepper spray, and call ECUPD at 252-328-6787 if any questions/concerns.

